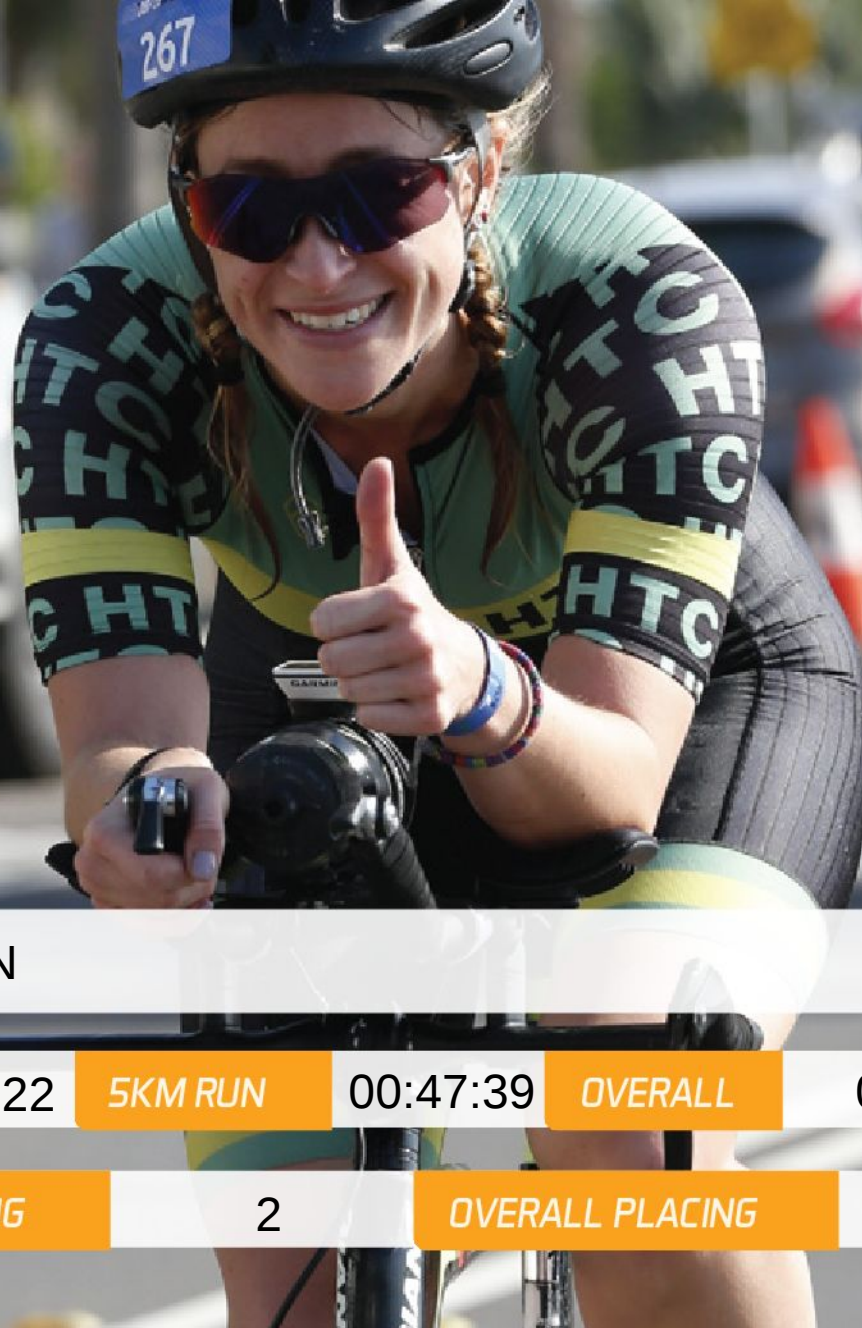




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Nicki WASHBURN

750M SWIM

00:20:57

20KM BIKE

00:41:22

5KM RUN

00:47:39

OVERALL

01:59:12

CATEGORY

Athena

CATEGORY PLACING

2

OVERALL PLACING

494

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish