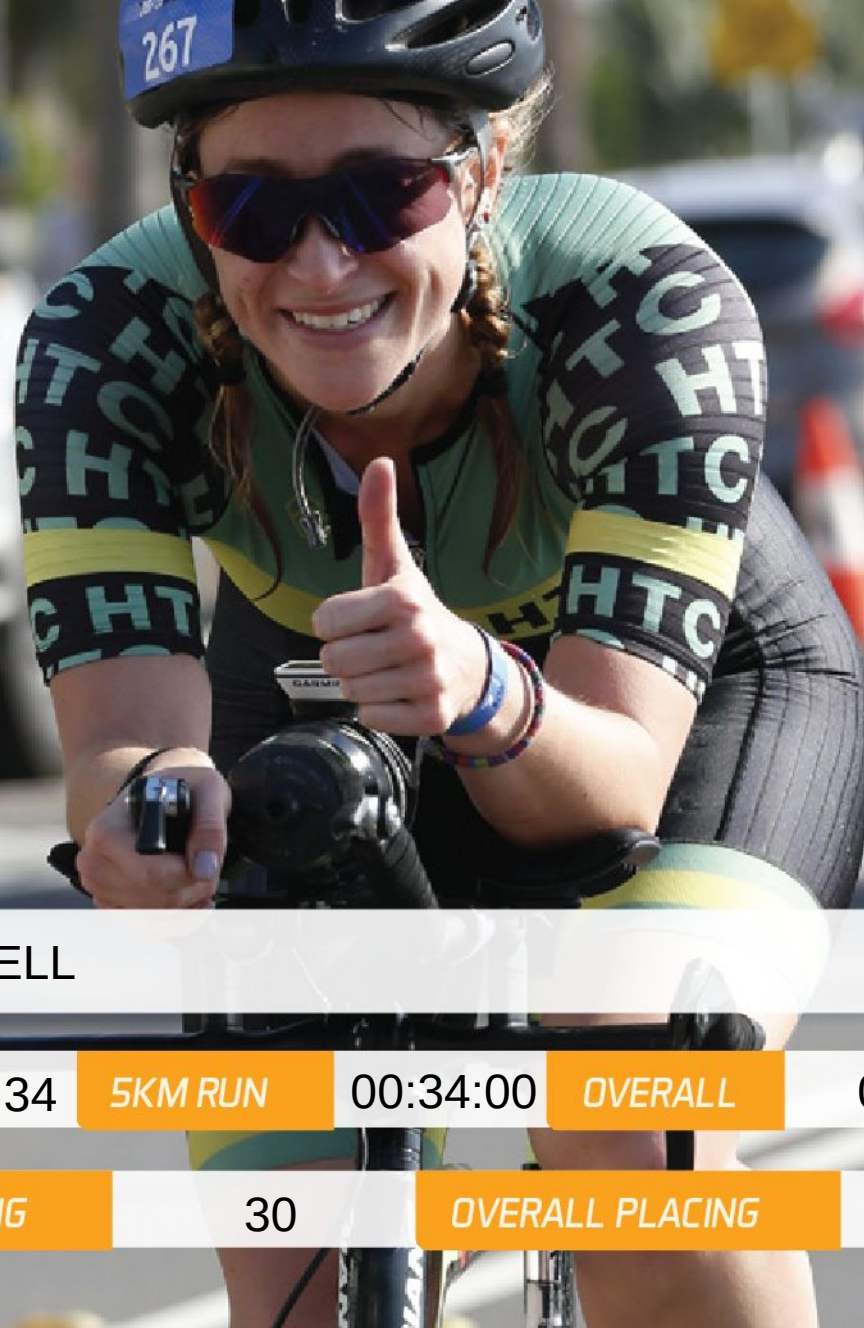




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Rebecca CHAPPELL

750M SWIM

00:18:37

20KM BIKE

00:47:34

5KM RUN

00:34:00

OVERALL

01:52:22

CATEGORY

30-34

CATEGORY PLACING

30

OVERALL PLACING

472

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
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KIND

soto
CRAFTING INSPIRED

catfish