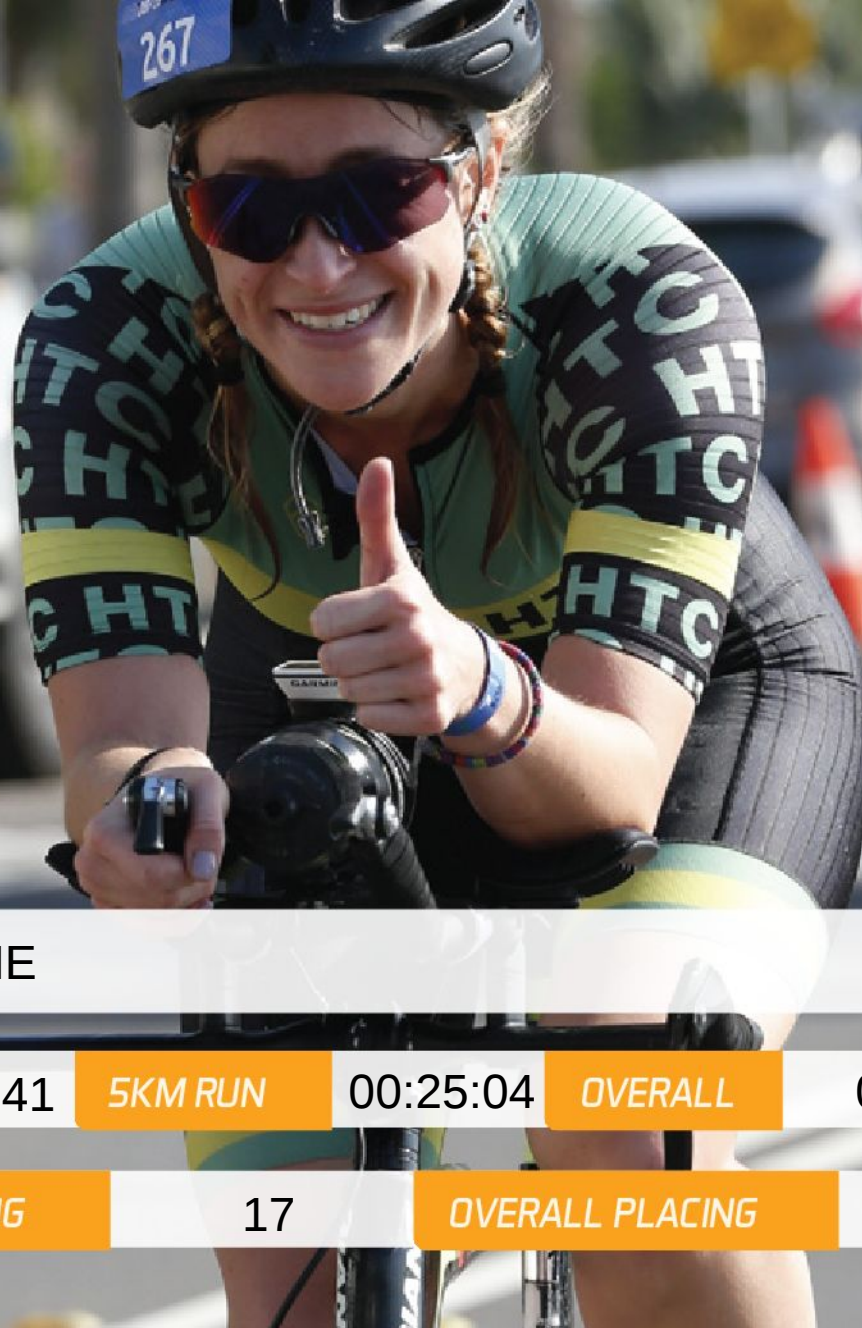




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Graham CULHANE

750M SWIM

00:18:38

20KM BIKE

00:48:41

5KM RUN

00:25:04

OVERALL

01:41:35

CATEGORY

55-59

CATEGORY PLACING

17

OVERALL PLACING

377

POWERADE

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Coughing required

catfish