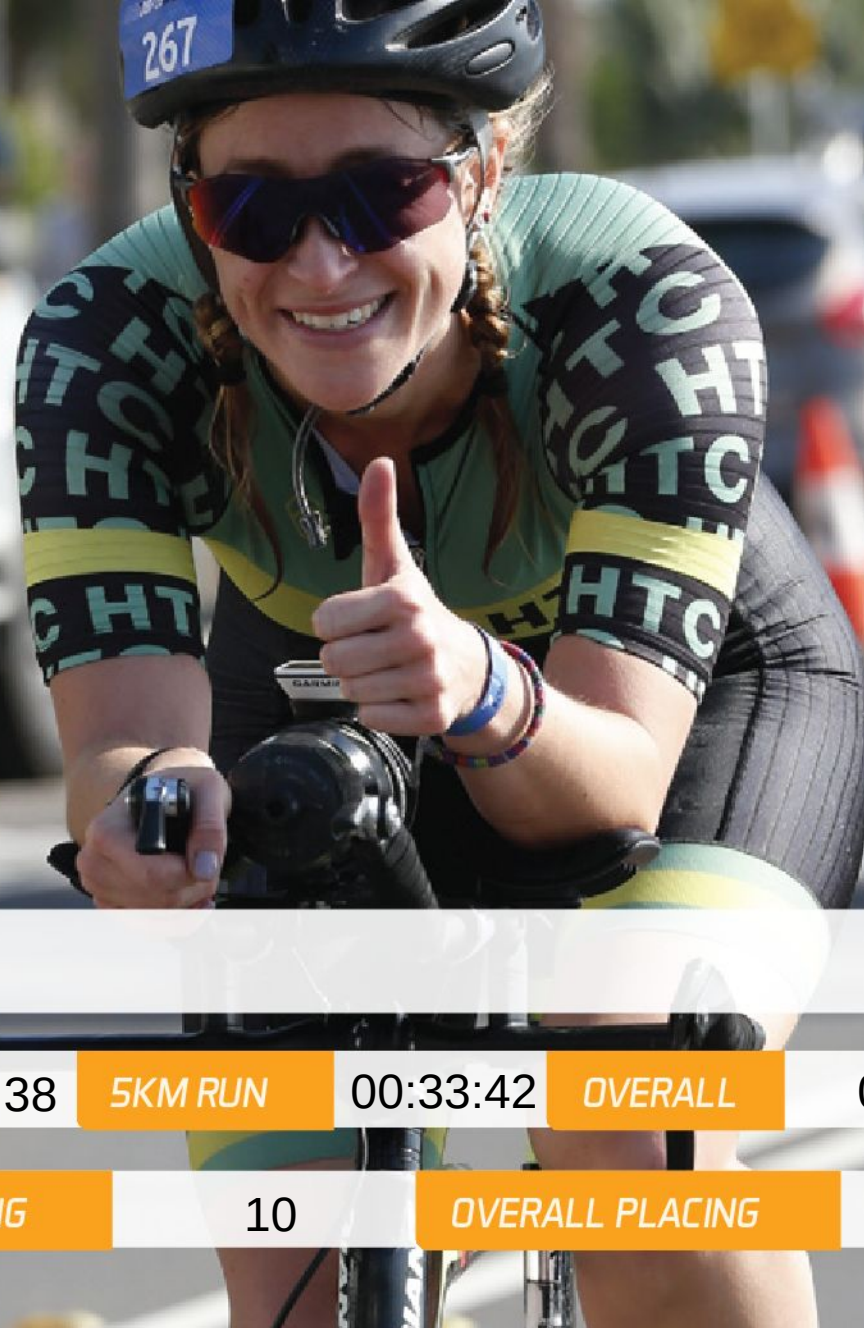




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Vic CAPLIKAS

750M SWIM

00:13:38

20KM BIKE

00:34:38

5KM RUN

00:33:42

OVERALL

01:27:53

CATEGORY

55-59

CATEGORY PLACING

10

OVERALL PLACING

183

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish