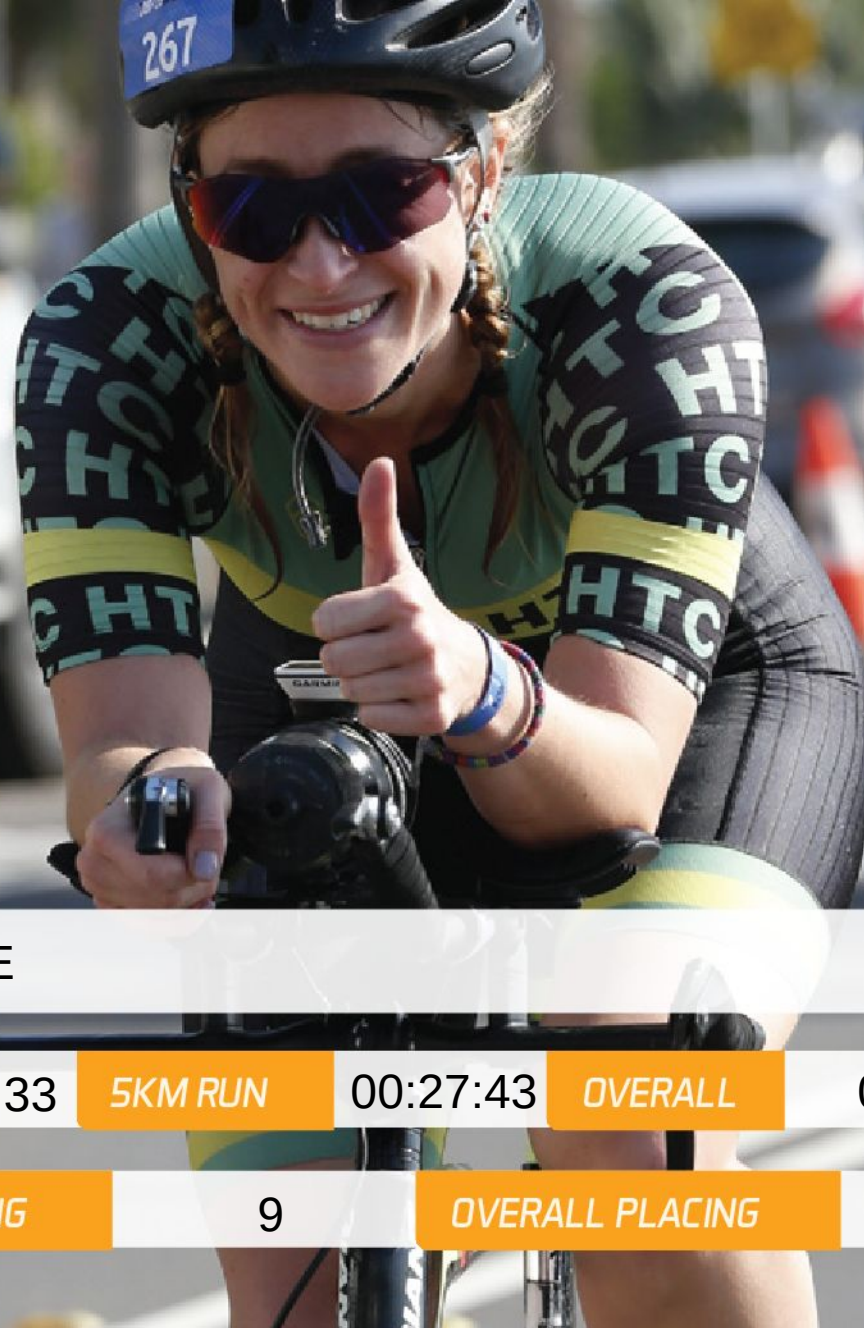




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Sonny ETTRIDGE

750M SWIM

00:14:23

20KM BIKE

00:37:33

5KM RUN

00:27:43

OVERALL

01:26:46

CATEGORY

16-19

CATEGORY PLACING

9

OVERALL PLACING

161

POWERADE

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
CRAFTING INSPIRATION

catfish