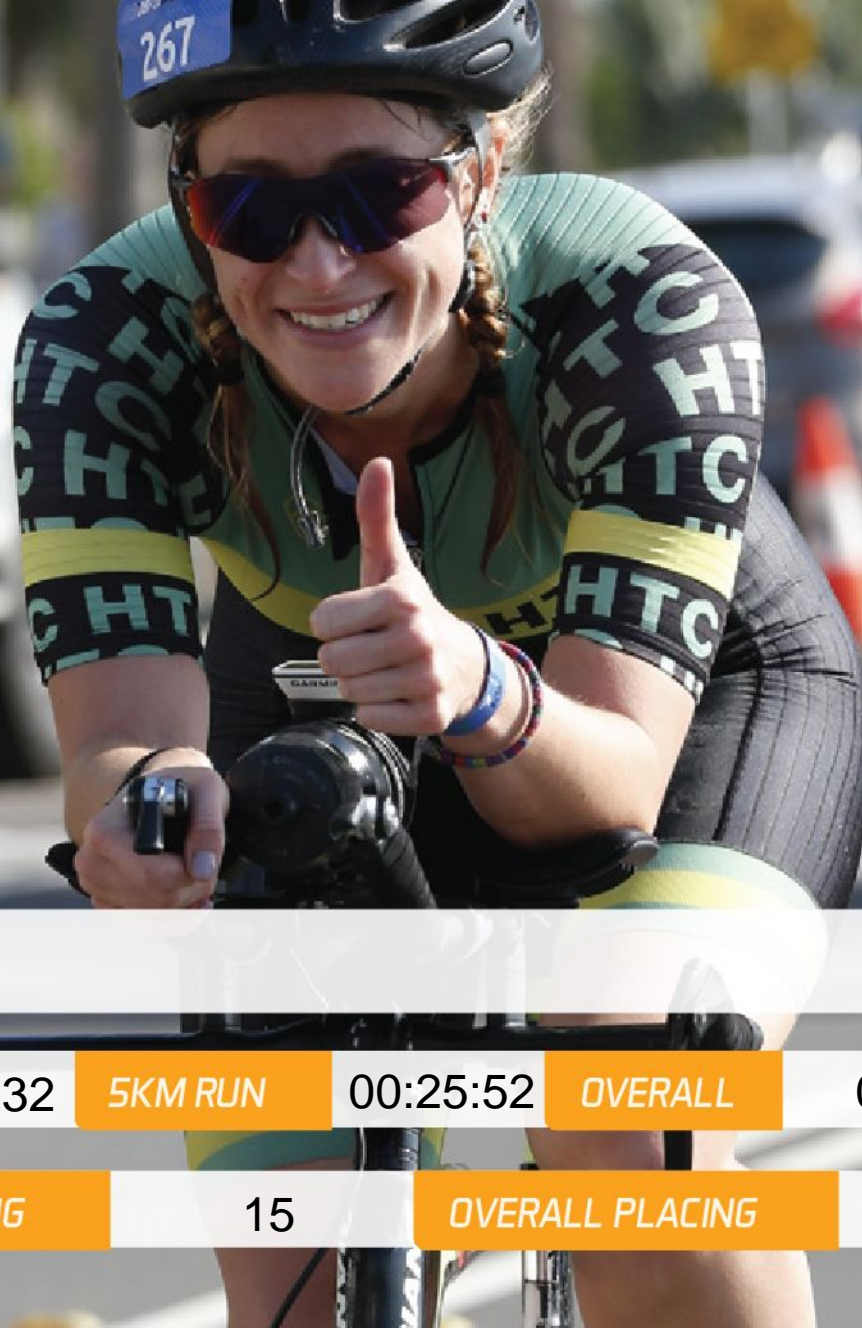




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SPRINT

Mitchell HOCKEY

750M SWIM	00:16:19	20KM BIKE	00:37:32	5KM RUN	00:25:52	OVERALL	01:24:36
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CATEGORY	20-24	CATEGORY PLACING	15	OVERALL PLACING	128
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POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish