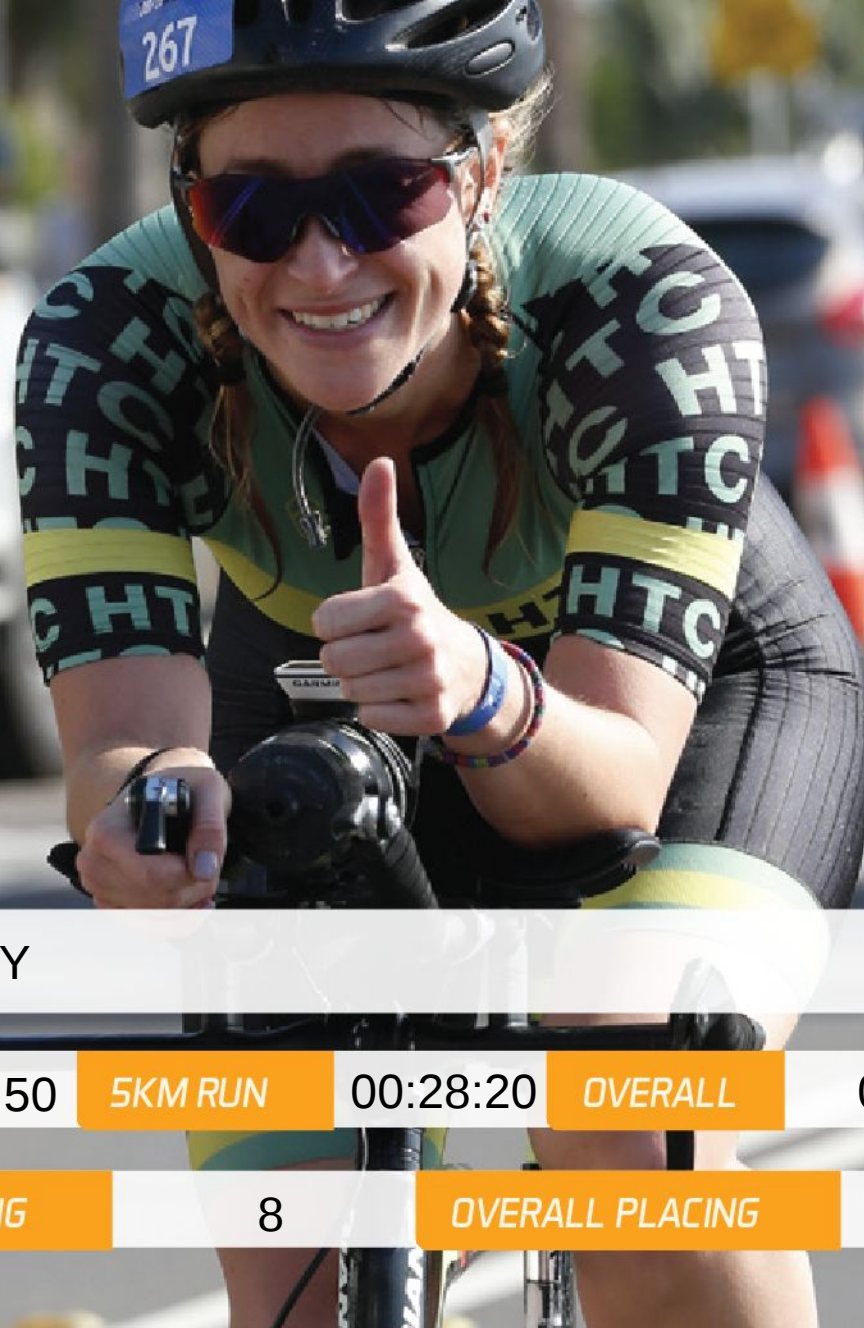




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Andrew KENNEDY

750M SWIM

00:17:33

20KM BIKE

00:34:50

5KM RUN

00:28:20

OVERALL

01:27:10

CATEGORY

45-49

CATEGORY PLACING

8

OVERALL PLACING

170

POWERADE

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish