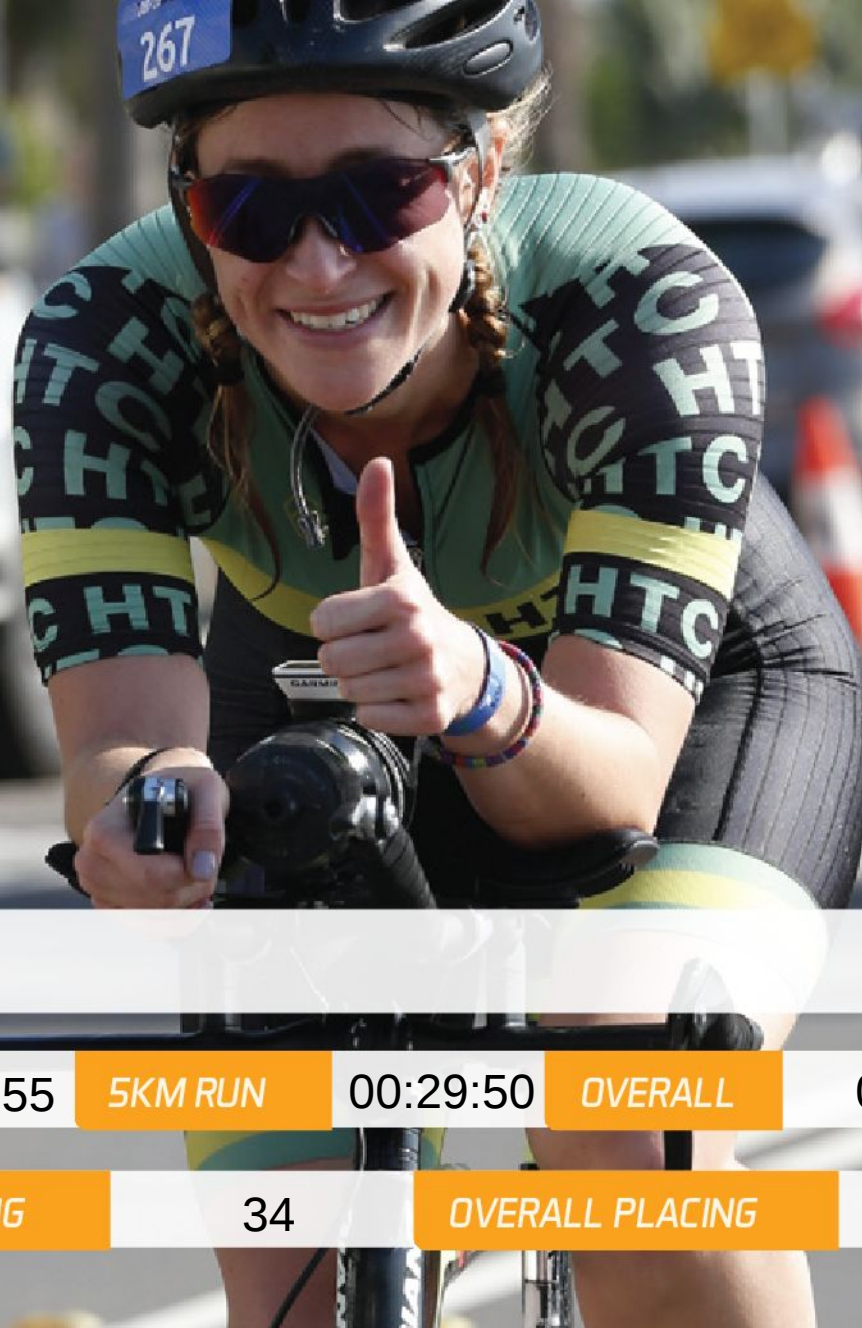




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Luke KERLIN

750M SWIM

00:17:32

20KM BIKE

00:49:55

5KM RUN

00:29:50

OVERALL

01:43:36

CATEGORY

20-24

CATEGORY PLACING

34

OVERALL PLACING

397

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B
Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Coughing required

catfish