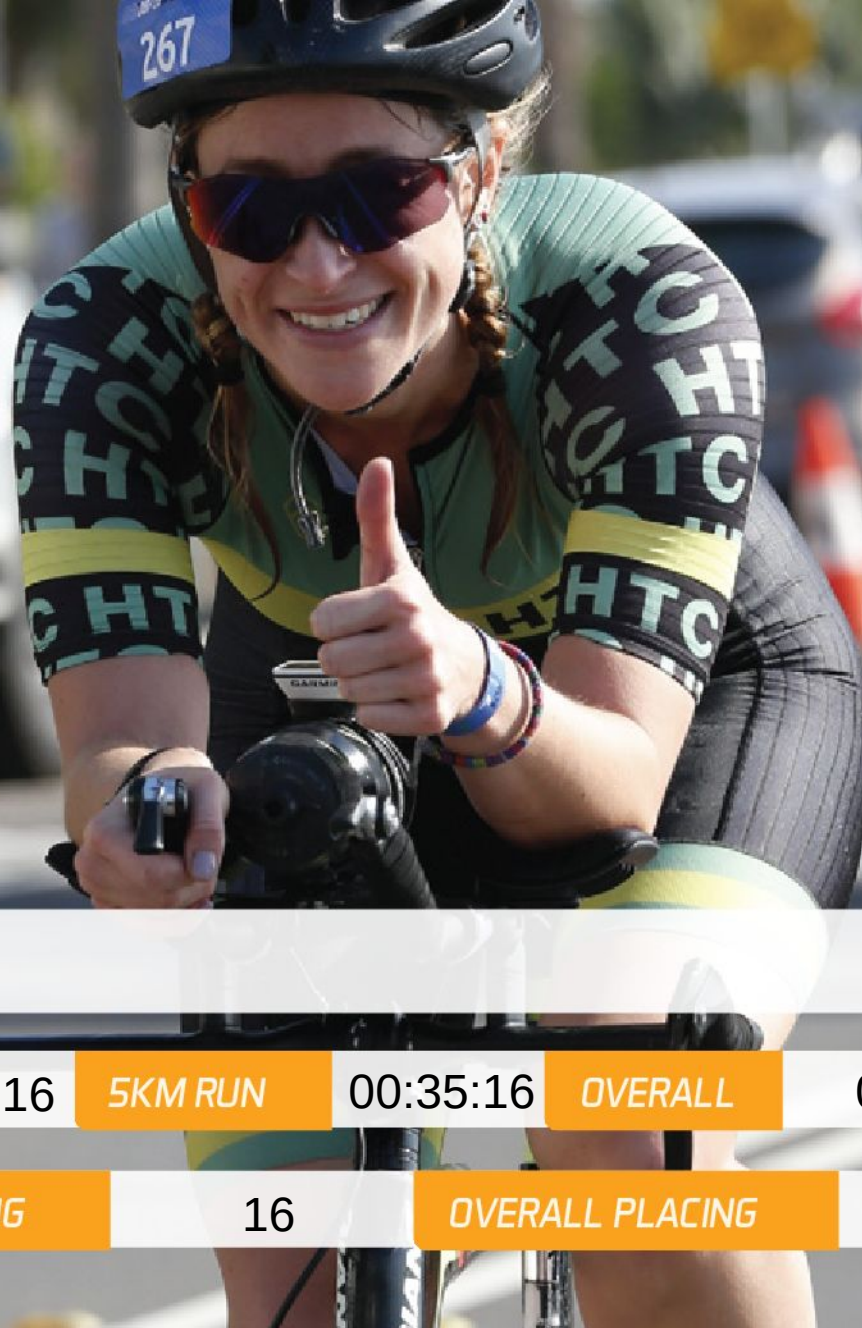




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

David MANNING

750M SWIM

00:19:30

20KM BIKE

00:39:16

5KM RUN

00:35:16

OVERALL

01:40:34

CATEGORY

45-49

CATEGORY PLACING

16

OVERALL PLACING

357

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
CRAFTING INSPIRATION

catfish