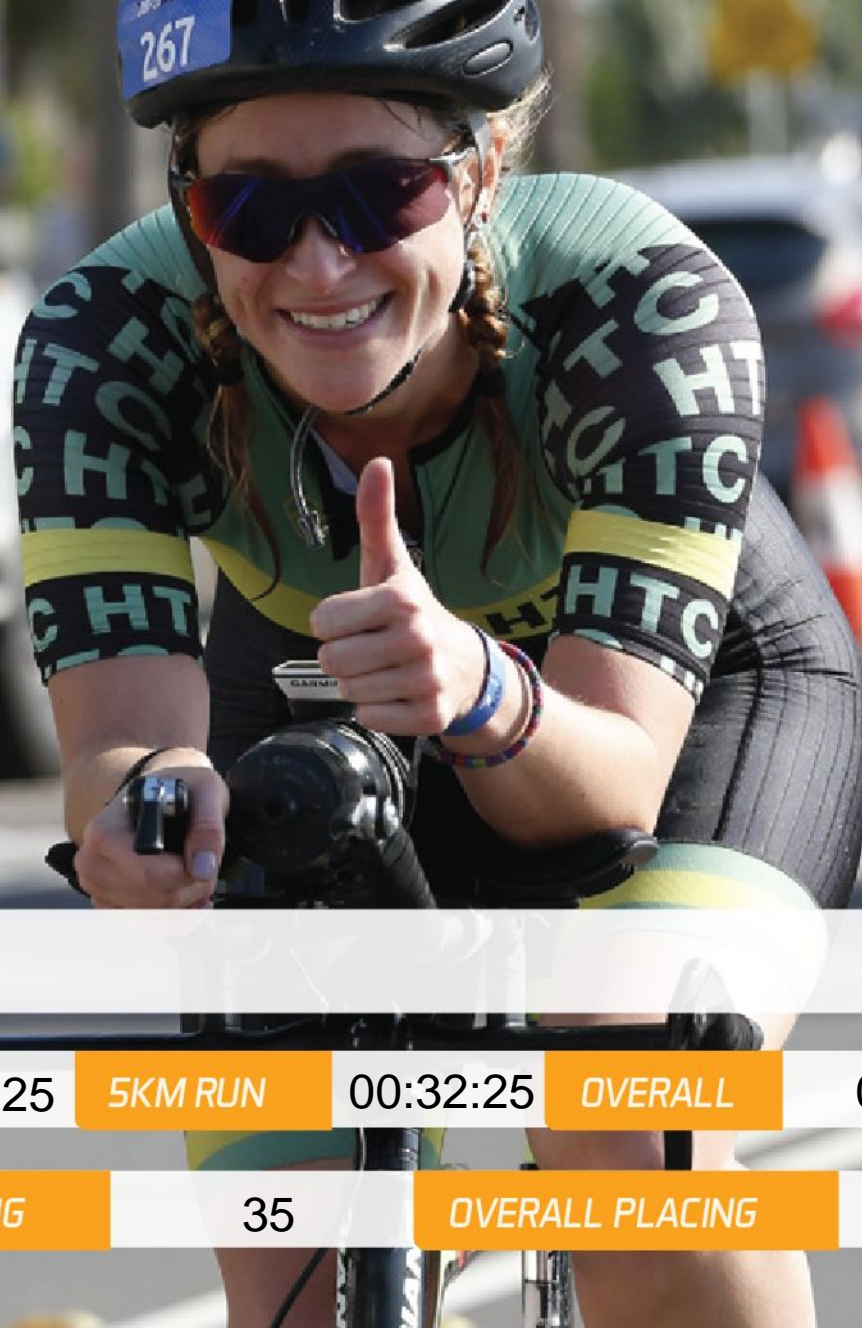




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Andrew NORRIS

750M SWIM

00:17:16

20KM BIKE

00:54:25

5KM RUN

00:32:25

OVERALL

01:54:44

CATEGORY

20-24

CATEGORY PLACING

35

OVERALL PLACING

479

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish