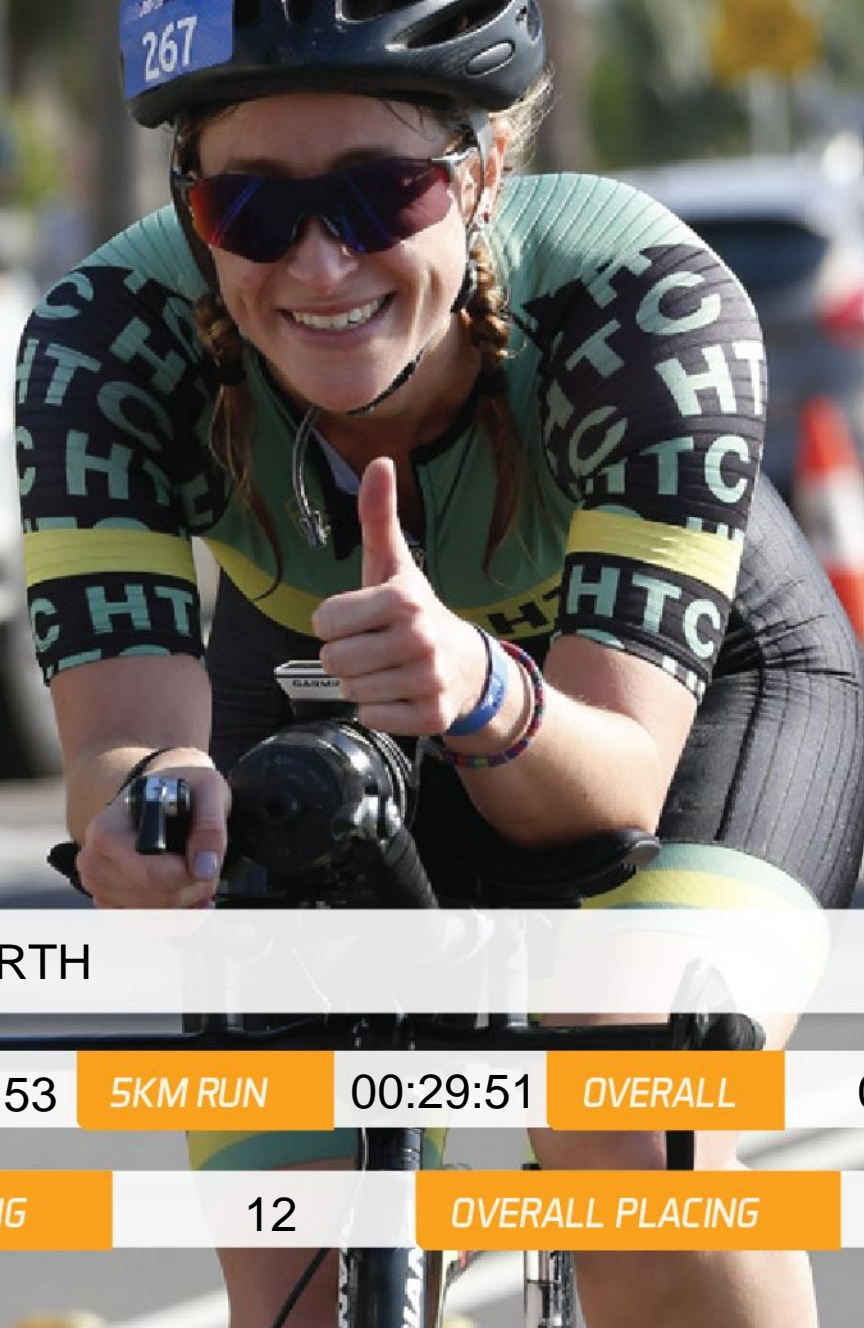




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Stephen PAPWORTH

750M SWIM

00:14:35

20KM BIKE

00:37:53

5KM RUN

00:29:51

OVERALL

01:29:11

CATEGORY

55-59

CATEGORY PLACING

12

OVERALL PLACING

203

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish