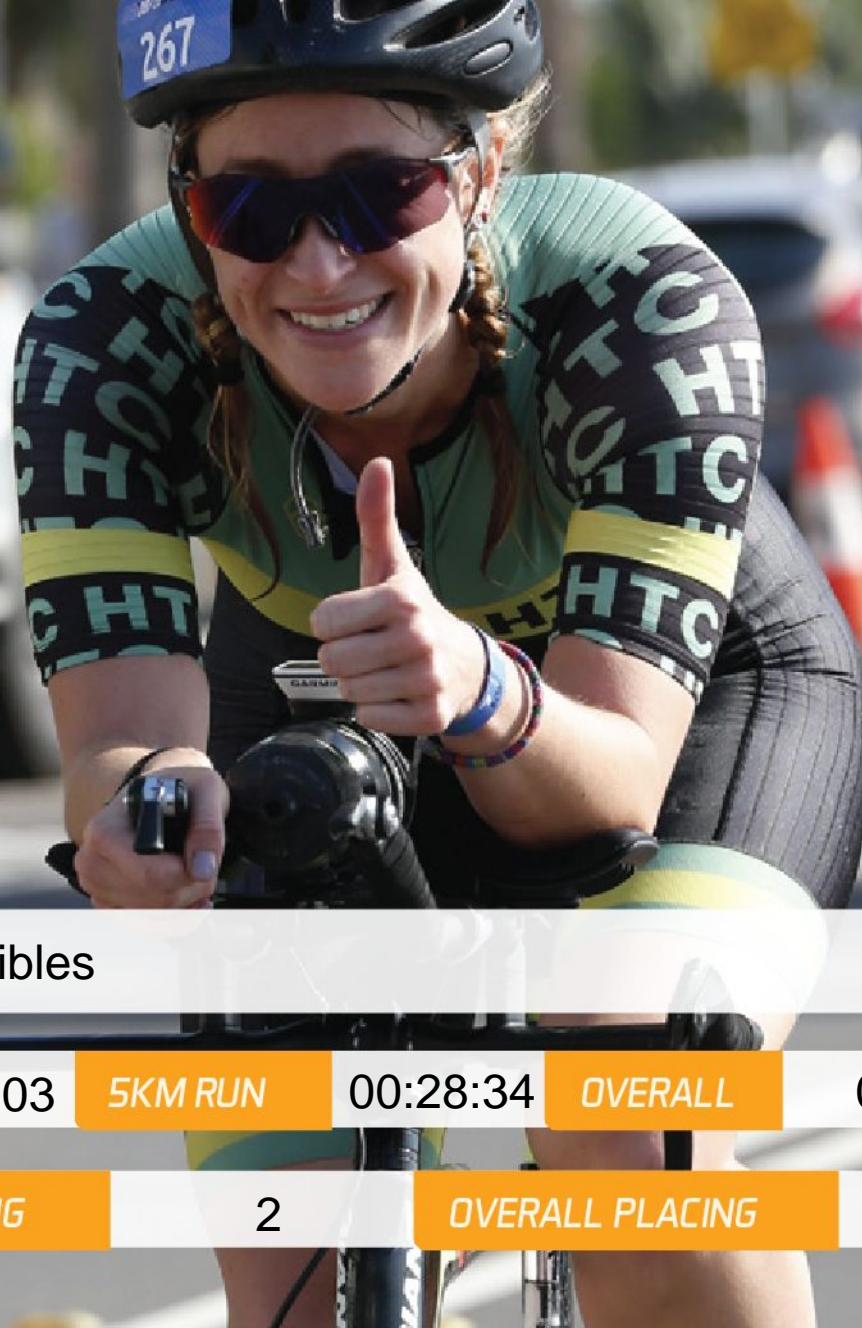




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

TEAM The Incredibles

750M SWIM

00:18:39

20KM BIKE

00:43:03

5KM RUN

00:28:34

OVERALL

01:35:28

CATEGORY

Relay

CATEGORY PLACING

2

OVERALL PLACING

5

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B&B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

McDonald's  
i'm lovin' it™

KIND

soto  
Coughing required

catfish