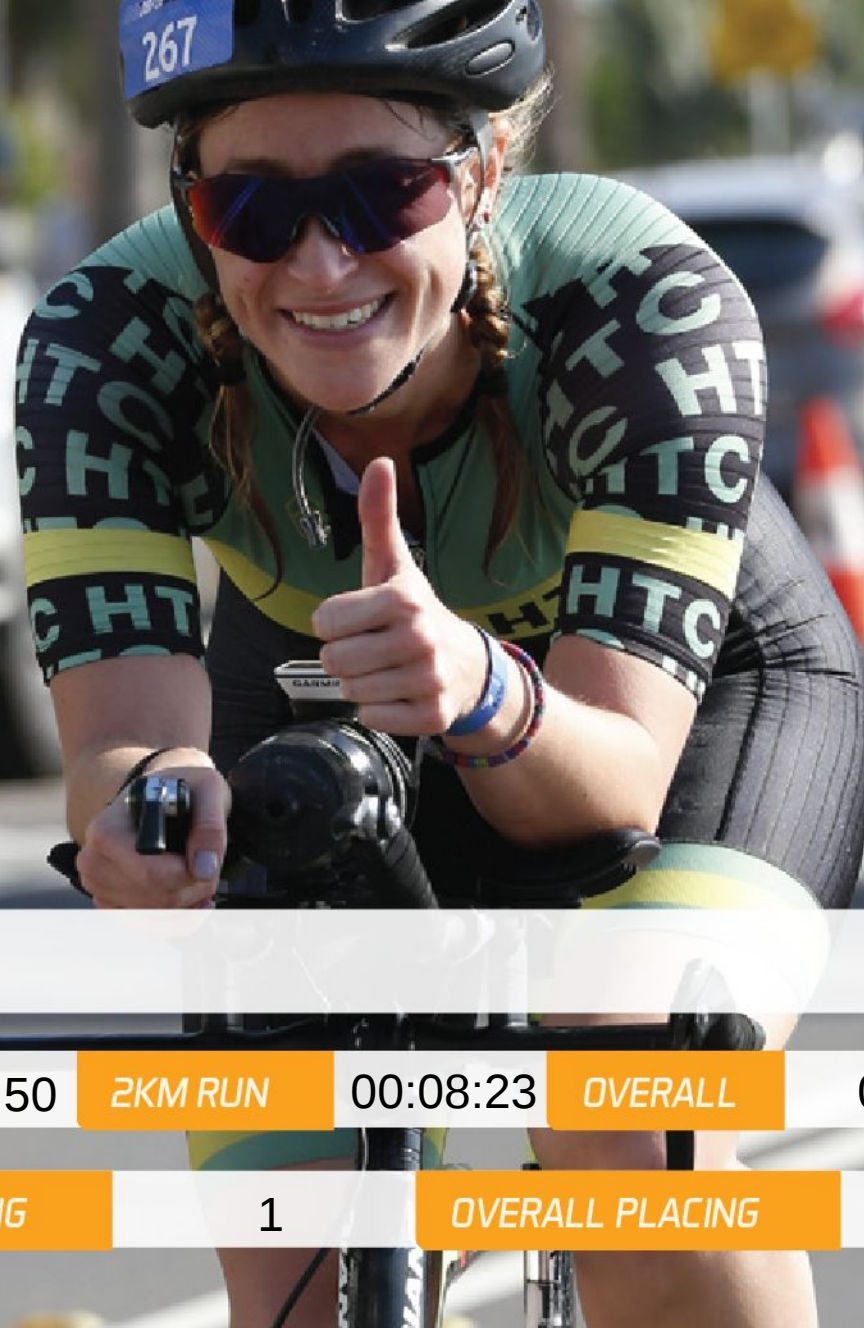




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Ella FENNELL

200M SWIM

00:04:21

10KM BIKE

00:18:50

2KM RUN

00:08:23

OVERALL

00:35:20

CATEGORY

14-15

CATEGORY PLACING

1

OVERALL PLACING

7

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish