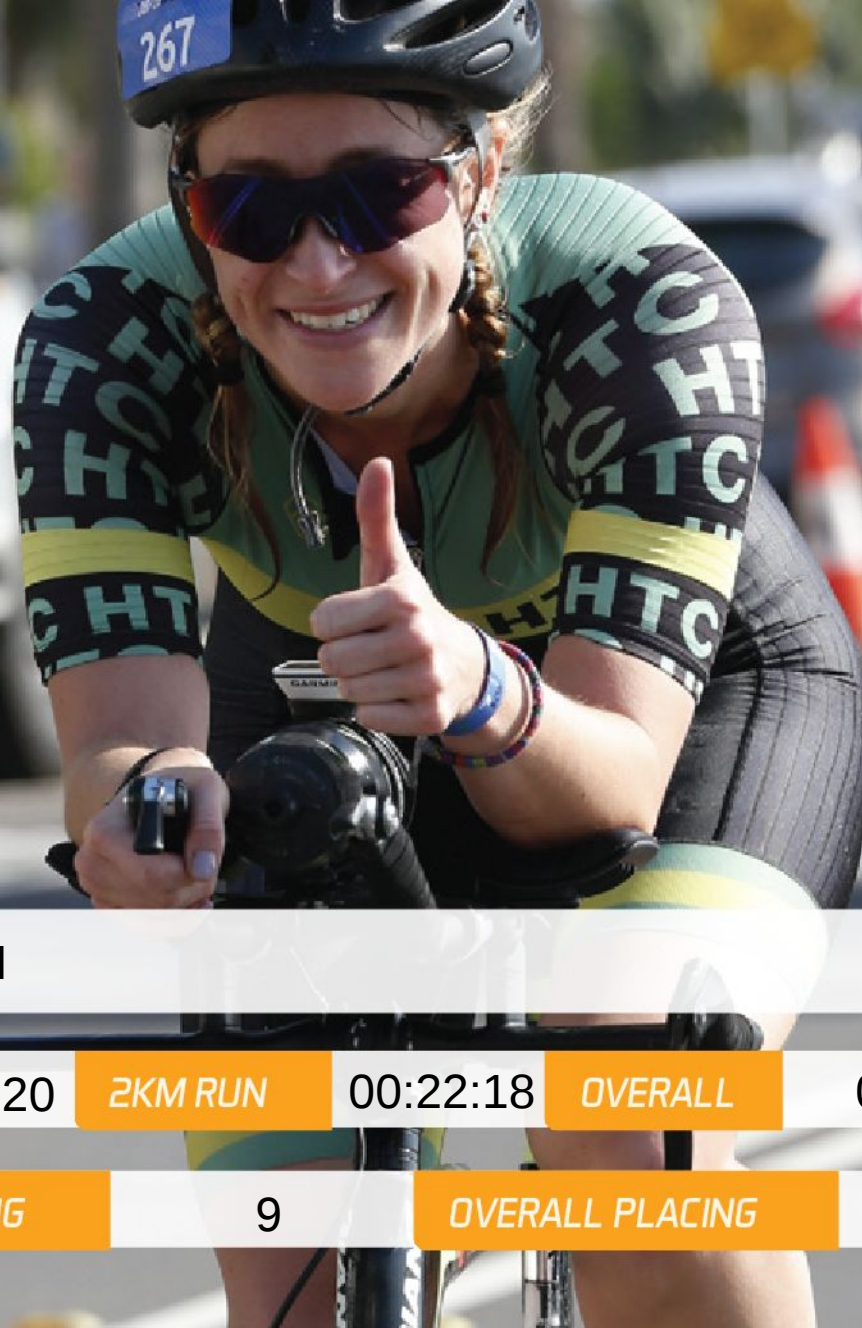




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SUPER SPRINT

Leif INGWERSEN

|           |          |           |          |         |          |         |          |
|-----------|----------|-----------|----------|---------|----------|---------|----------|
| 200M SWIM | 00:04:39 | 10KM BIKE | 00:16:20 | 2KM RUN | 00:22:18 | OVERALL | 00:46:42 |
|-----------|----------|-----------|----------|---------|----------|---------|----------|

|          |       |                  |   |                 |    |
|----------|-------|------------------|---|-----------------|----|
| CATEGORY | 12-13 | CATEGORY PLACING | 9 | OVERALL PLACING | 50 |
|----------|-------|------------------|---|-----------------|----|

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catfish