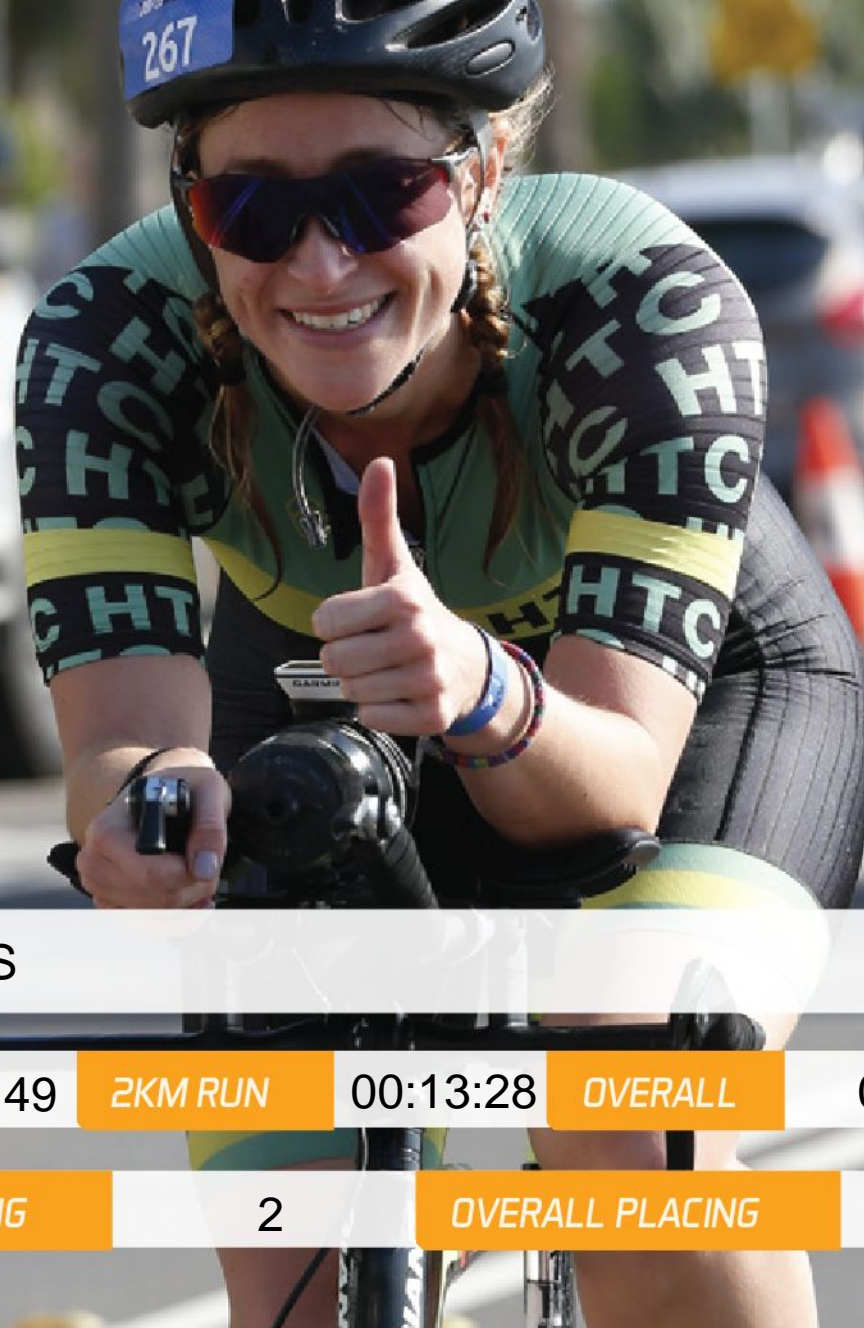




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Matthew PROBES

200M SWIM

00:06:28

10KM BIKE

00:26:49

2KM RUN

00:13:28

OVERALL

00:58:04

CATEGORY

Clydesdale

CATEGORY PLACING

2

OVERALL PLACING

114

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish