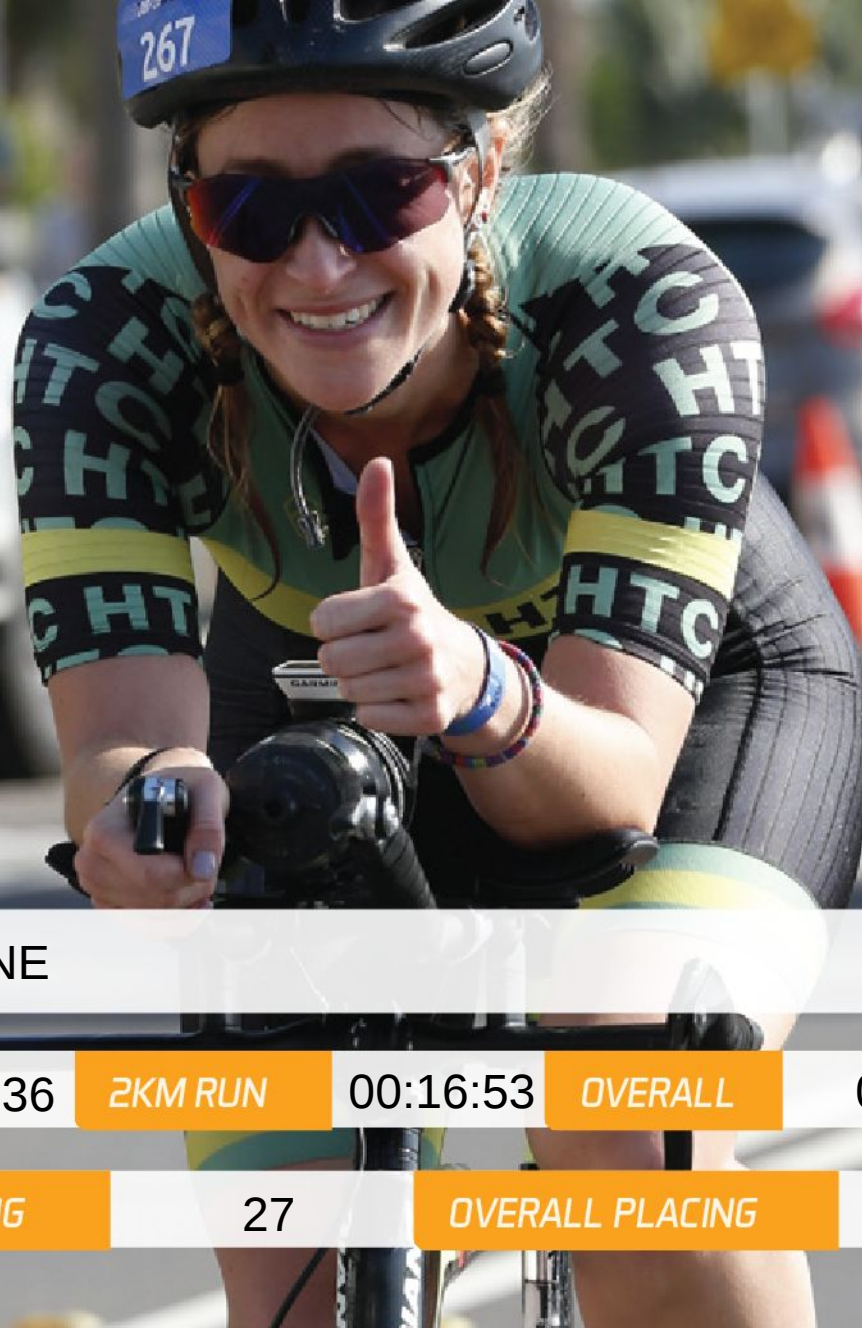




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Mika ROSEWARNE

200M SWIM	00:07:21	10KM BIKE	00:35:36	2KM RUN	00:16:53	OVERALL	01:10:55
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CATEGORY	20-29	CATEGORY PLACING	27	OVERALL PLACING	124
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POWERADE.

Destination
WOLLONGONG

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PB Traffic
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KIND

soto
sustainable

catfish