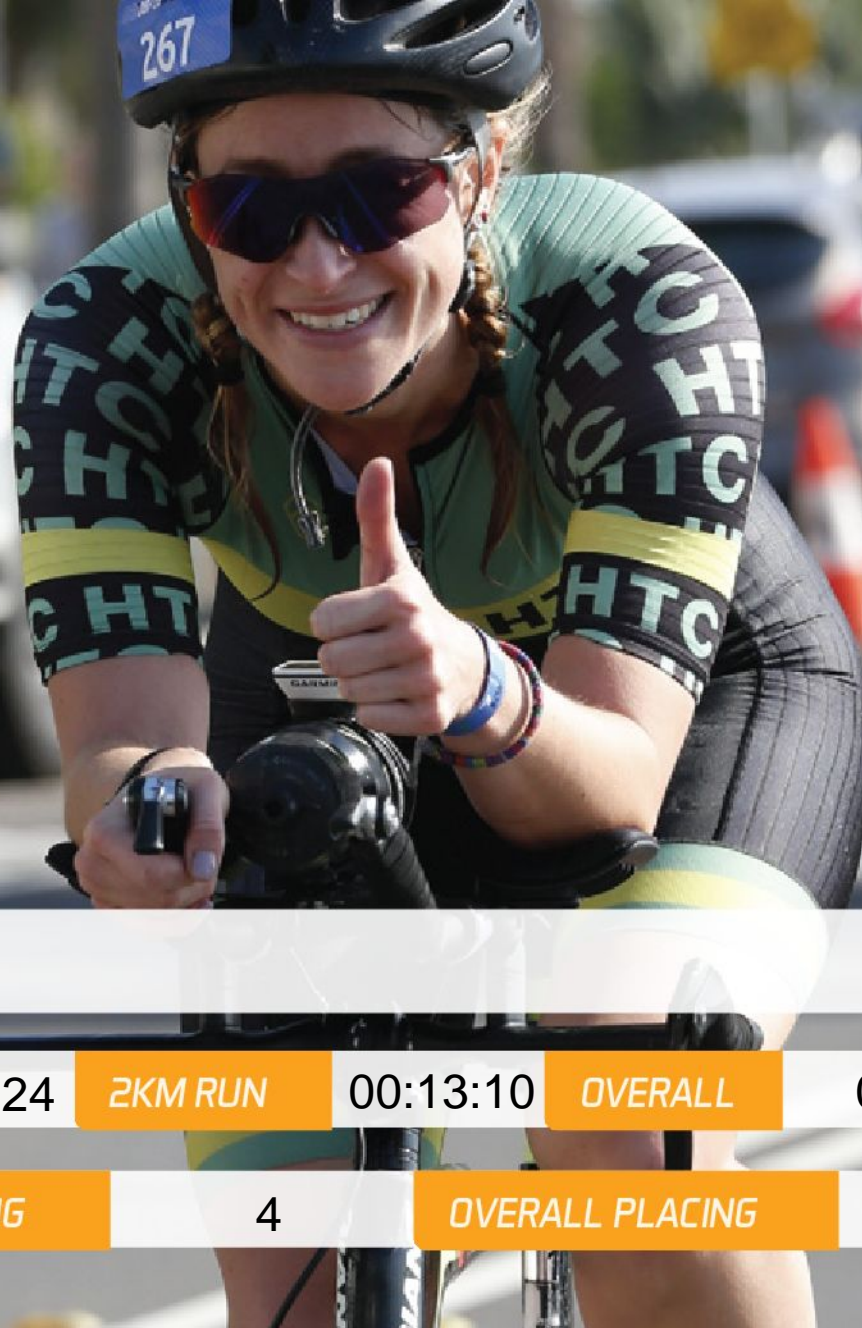




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SUPER SPRINT

Shaun SOTTON

200M SWIM	00:05:33	10KM BIKE	00:21:24	2KM RUN	00:13:10	OVERALL	00:47:02
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CATEGORY	50-59	CATEGORY PLACING	4	OVERALL PLACING	52
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POWERADE.

Destination  
WOLLONGONG

R Revvies  
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PB Traffic  
Management

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ATHLETIC BREWING CO.  
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KIND

soto  
sustainable

catfish