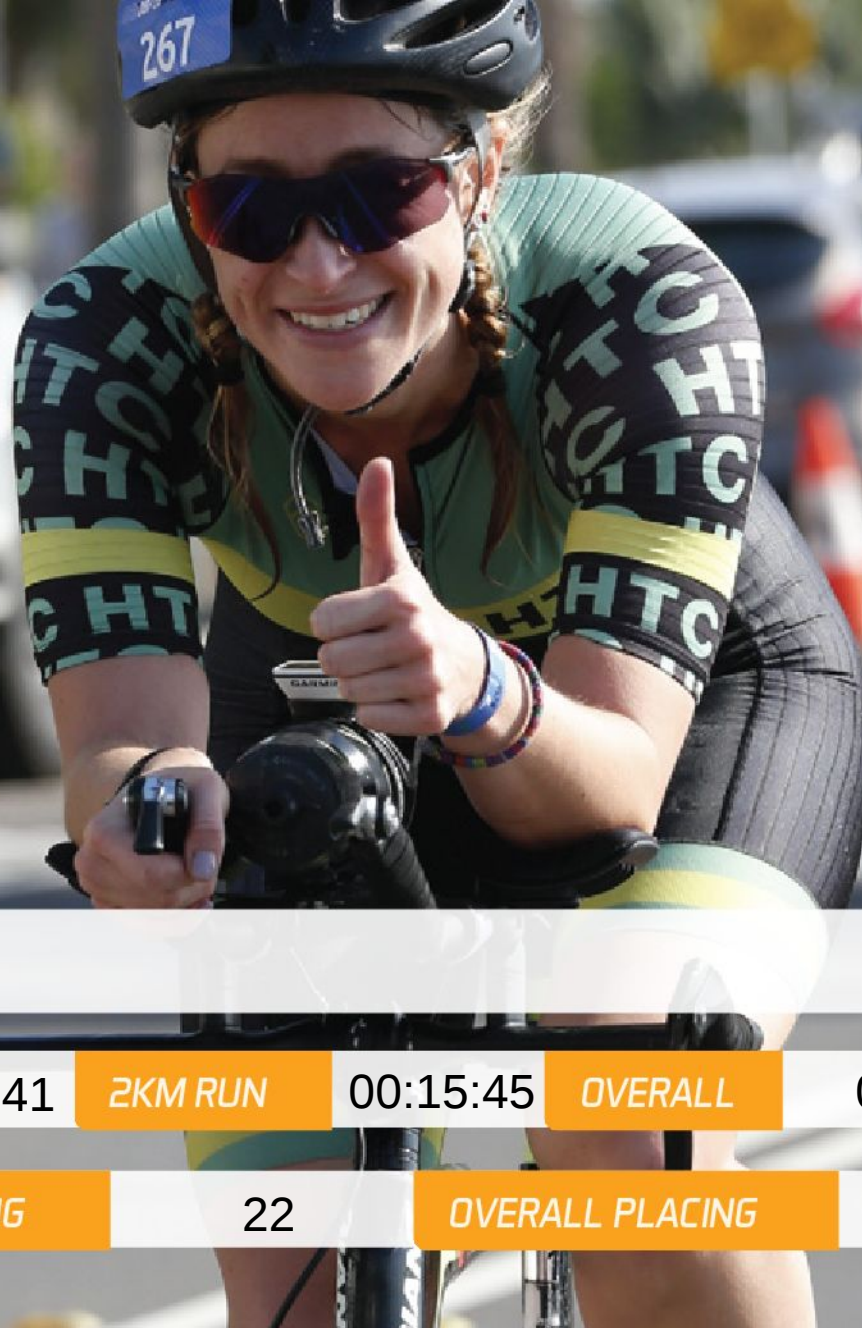




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Caoimhe KENNY

200M SWIM	00:07:06	10KM BIKE	00:24:41	2KM RUN	00:15:45	OVERALL	00:55:43
-----------	----------	-----------	----------	---------	----------	---------	----------

CATEGORY	20-29	CATEGORY PLACING	22	OVERALL PLACING	108
----------	-------	------------------	----	-----------------	-----

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish