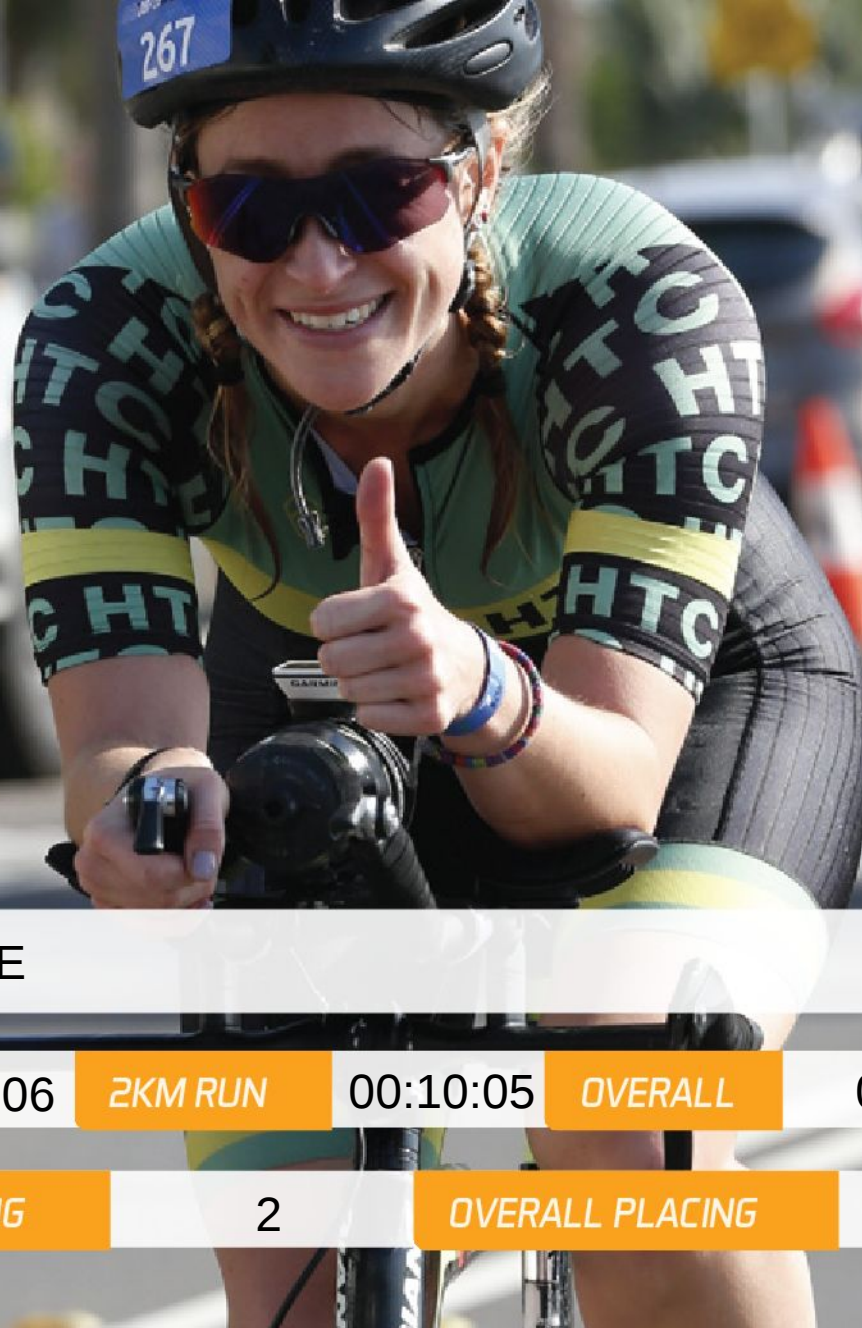




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Brendan WHITTLE

200M SWIM

00:05:01

10KM BIKE

00:22:06

2KM RUN

00:10:05

OVERALL

00:46:07

CATEGORY

30-39

CATEGORY PLACING

2

OVERALL PLACING

45

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish