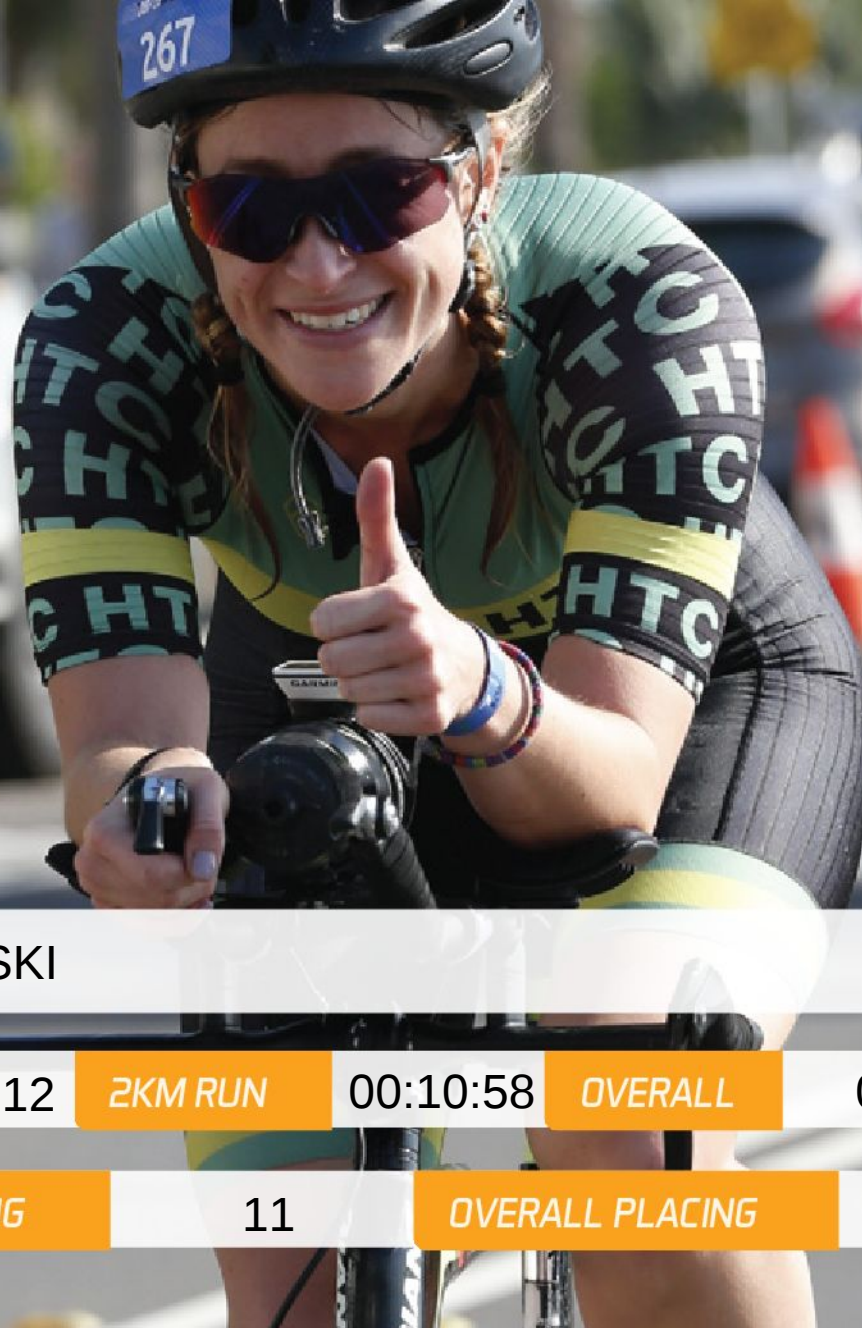




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Sebastian NEDESKI

200M SWIM

00:06:54

10KM BIKE

00:28:12

2KM RUN

00:10:58

OVERALL

00:52:52

CATEGORY

12-13

CATEGORY PLACING

11

OVERALL PLACING

92

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish