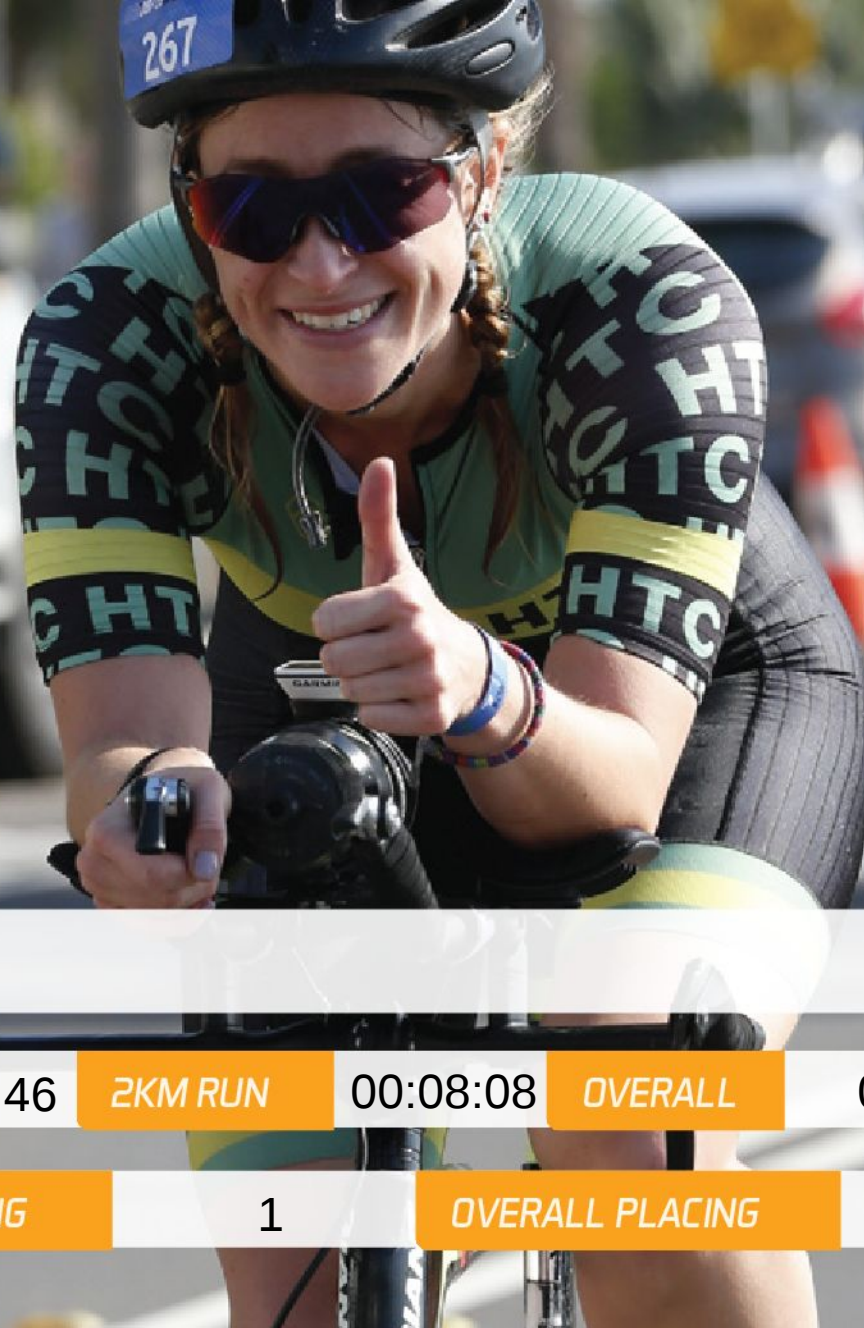




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SUPER SPRINT

Justin SMITH

200M SWIM	00:05:48	10KM BIKE	00:19:46	2KM RUN	00:08:08	OVERALL	00:39:30
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CATEGORY	20-29	CATEGORY PLACING	1	OVERALL PLACING	16
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POWERADE.

Destination
WOLLONGONG

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PB Traffic
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KIND

soto
sustainable

catfish