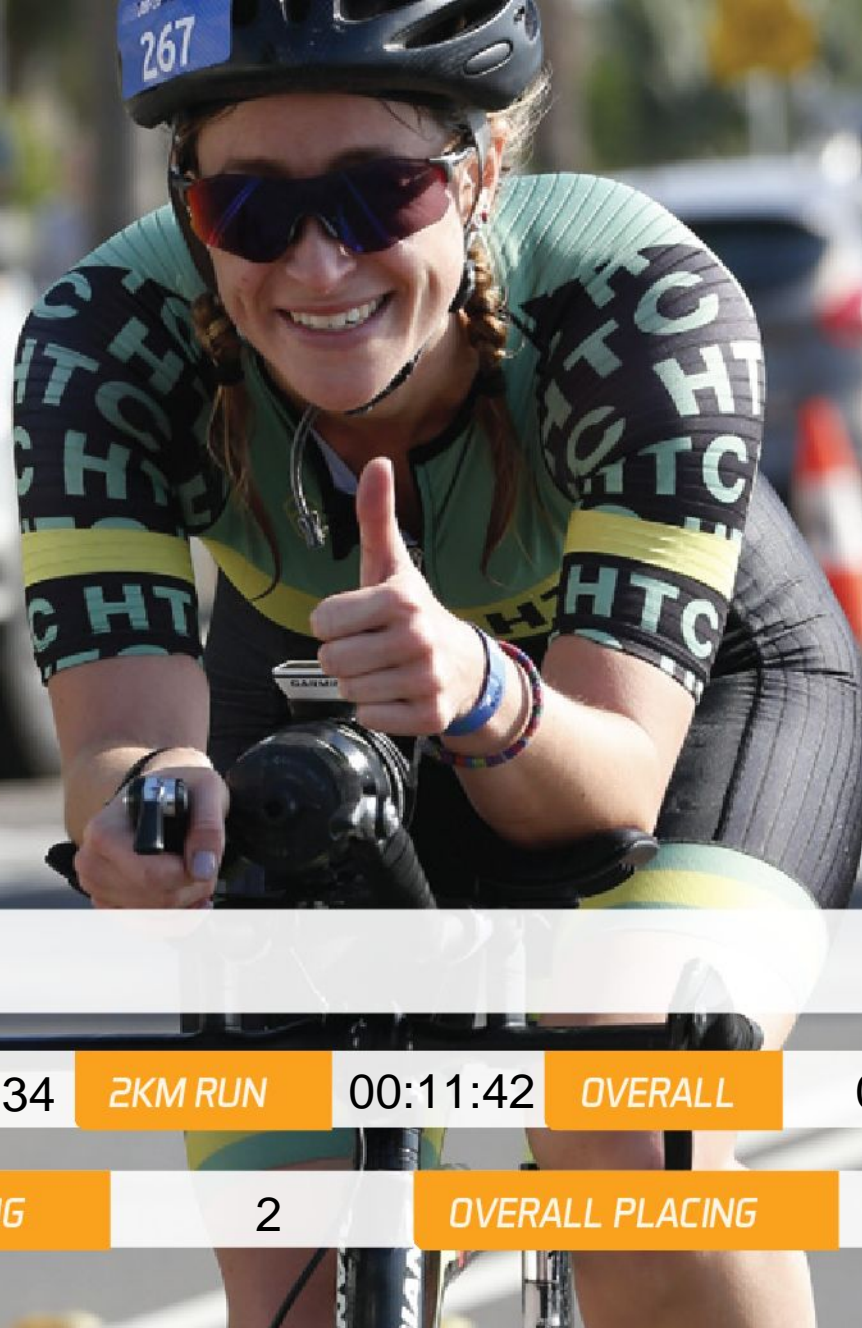




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## TRY A TRI

Amy BYRNE

200M SWIM	00:07:09	10KM BIKE	00:25:34	2KM RUN	00:11:42	OVERALL	00:51:38
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CATEGORY	40-49	CATEGORY PLACING	2	OVERALL PLACING	22
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POWERADE

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

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ZOGGS

EY

B Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEVS

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KIND

soto  
everything is possible

catfish