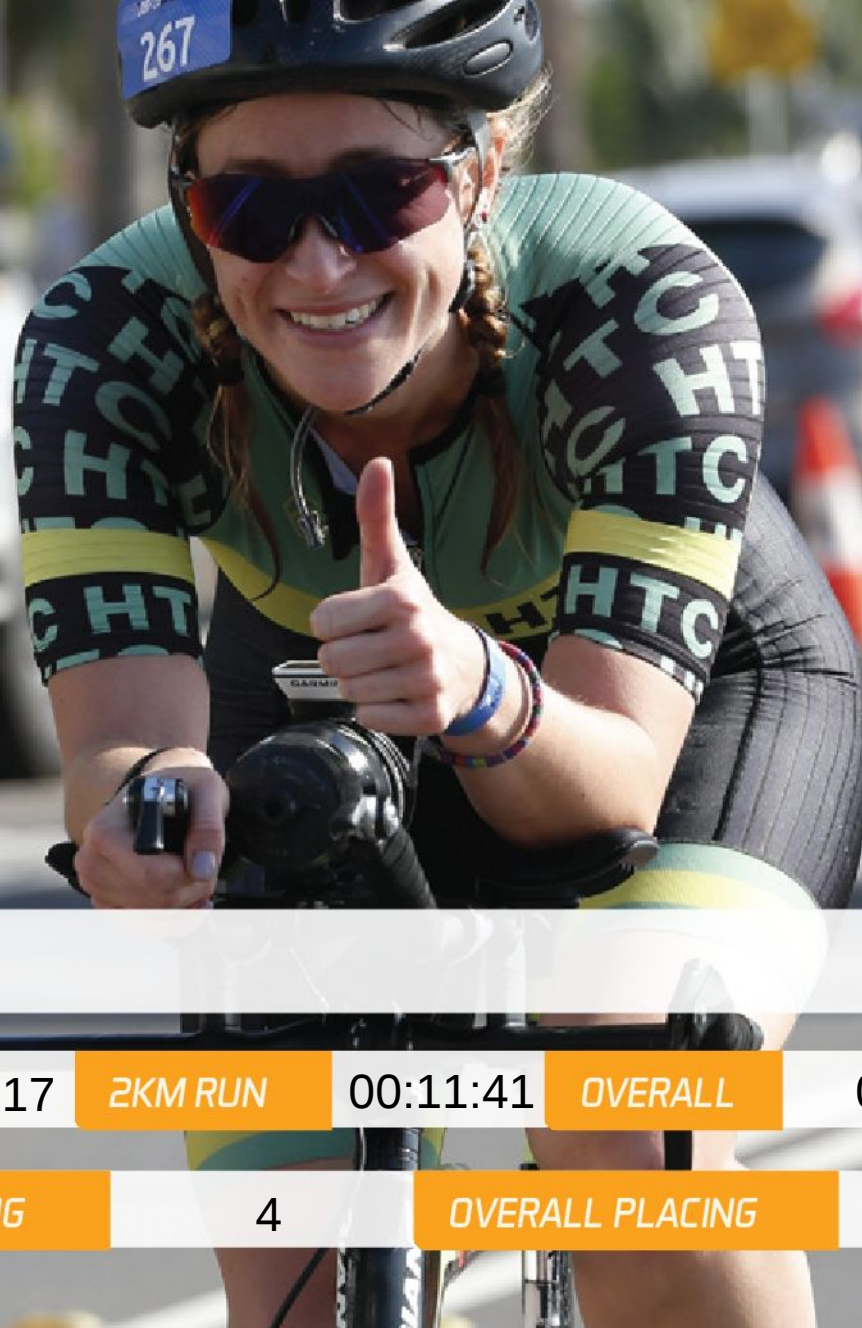




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



TRY A TRI

Alisa WILCOCK

200M SWIM	00:06:34	10KM BIKE	00:26:17	2KM RUN	00:11:41	OVERALL	00:52:45
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CATEGORY	40-49	CATEGORY PLACING	4	OVERALL PLACING	26
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POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

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ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

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KIND

soto
everything is possible

catfish