

## CONGRATULATIONS!

Alyson TONG

FOR COMPLETING CLUB CHAMPS

*As part of the Forster Club Champs Triathlon 21<sup>st</sup> May 2022*

00:32:49

1KM SWIM SPLIT

01:19:21

30KM BIKE SPLIT

00:52:41

8KM RUN SPLIT

02:51:59

OVERALL TIME

45-49

CATEGORY

32

CATEGORY PLACING

487

OVERALL PLACING