

## CONGRATULATIONS!

Richard SEWELL

FOR COMPLETING CLUB CHAMPS

*As part of the Forster Club Champs Triathlon 21<sup>st</sup> May 2022*

00:16:58

1KM SWIM SPLIT

00:54:30

30KM BIKE SPLIT

00:35:03

8KM RUN SPLIT

01:53:02

OVERALL TIME

50-54

CATEGORY

7

CATEGORY PLACING

81

OVERALL PLACING